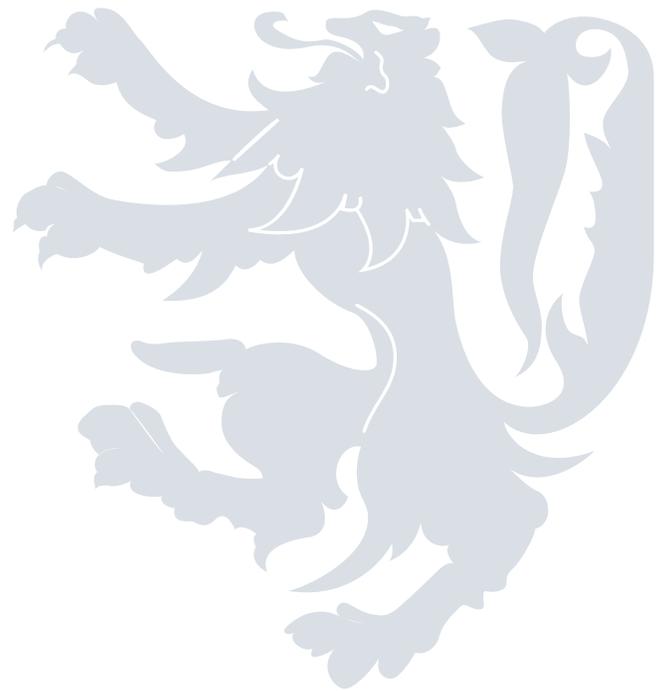


ST. LUCY'S PRIORY HIGH SCHOOL  
ROARIE REGENT ATHLETE AWARDS  
SPRING SPORTS 2016



REGENT ATHLETICS





## SOFTBALL: VARSITY



### **Dakota Caspar, 11**

Dakota has been nominated for the Roarie Regent Athlete Award because she has set a great example in showing leadership and good sportsmanship to her teammates through the ups and downs. Dakota is giving and always willing to help a teammate out. She embodies the principles of the school on and off the field.

Dakota has had 2 home runs this season and 12 wins with 59 strikeouts.



### **Kimberly Cortez, 12**

Kim has been nominated for the Roarie Regent Athlete Award because she is always first to show concern for her teammates. She tries her best every time. She picks her teammates up when they are down and is always ready with some comic relief.

Kim has had 18 put outs on the field and continues to always positively push through any struggles that cross her path.

## SOFTBALL: JUNIOR VARSITY



### **Julia Olivares, 9**

Julia has been a natural born leader from day one on this team. Julia is not only immensely talented, but her outlook and personality is contagious. She is always seen with a smile on her face and is eager to do more. We can put her at any position and we know that she will thrive and rise to the challenge. Julia has a very bright future not only in softball, but in her academics as well. It truly has been a pleasure to be able to coach Julia and see her grow not only as a softball player, but as a person.



### **Marisol Santana, 11**

Marisol has had such a positive influence on this team. She has such a big heart and is willing to go the extra mile to improve. Marisol is a girl who will ask to stay late after every practice to work on various aspects of the game. She has such a positive attitude and will be the first one to make any situation thrown at her a positive one. Her eagerness to learn and her determination to get better is truly inspiring to see. She has been a joy to not only coach, but to be around as well. Her focus on her academics and softball is going to take her a very long way in life and we cannot wait to see what amazing things she does.

SWIM: VARSITY



### **Amy Inkrott, 11**

Amy is a junior who has swam all three years. She has taken on a leadership role on the team this year in and out of the water. Constantly thinking and analyzing during every practice, Amy would keep everyone on track during long sets and always have the right count of how many repetitions we have done. Amy is constantly setting the standard for effort during every practice and has shown that hard work pays off. At League Finals Amy swam a personal best in all three events she competed in, scoring 21 individual points for the Regents. We are looking forward to having Amy bring her hard work and dedication to the team back for her senior year.



### **Kristine Kuhn, 12**

Kristine is a senior who has swam for two seasons. She missed out on some of her Regent swimming career due to injury, but wanted to get back in and finish out her high school career in the water. She was someone who would constantly lead by example. One of the first in the water for warm-up every day, and was constantly pushing to get better in the water. Even after practice she would set the example of how to be a good teammate by helping to clean up the equipment of others. At swim meets Kristine could always be found cheering on her teammates when she was not racing herself.



## SWIM: JUNIOR VARSITY



### **Cayla Fujita-Haffner, 11**

Cayla is a junior who has swam for three years. She has displayed a great deal of enthusiasm for the sport and the team. She is always determined to swim as fast as she can and beat her goals. Not only is Cayla determined to beat her goals but she wants to see her teammates do it as well. She is always up cheering for everyone in meets and in practice. She will always have a smile and try to keep everyone else smiling through all the hard sets and meets.



### **Erica Perez, 9**

Erica is in her first year of Regent swimming as a freshman. Swimming many of the longer sets that the varsity girls would do in practice, Erica knew how to work hard. She had a strong desire to get faster all season. Even showing her dedication to improvement by trying to get back in the water before her ankle was fully healed from injury mid-season. That type of passion and work ethic paid off for Erica as the season progressed and her times kept coming down. She has set an example of what a dedicated Regent athlete should be and that grade level doesn't matter.

## TRACK & FIELD



### **Molly Tucker, 10** **Thrower**

Simply put, Molly is everything this award embodies, and after only throwing for about 10 weeks, she made the Varsity squad! She has endless spirit, supports all other events and never misses practice! She really is amazing!

Shot Put	23' 5"
Discus	61' 9"



**Megan Goodson, 11**  
**Sprinter**

Megan shows an infinite amount of support and joy for her teammates. It is near impossible to find her without a smile on her face. She works hard at every practice and attends nearly every meet. Beyond showing her commitment to school and track, Megan also shows true love and dedication to her family.

100 Meters 13.74  
200 Meters 28.12  
400 Meters 69.04



**Sarah Soza, 9**  
**Pole Vault**

Sarah embodies the idea of fearless. Pole Vault requires an athlete to commit to catapulting their body into the air, flip, and fall from 7-8 feet up. She is always supportive of her teammates and is always eager to practice new skills at practice. Her personality helps make practice enjoyable for all.

Pole Vault 7'0"



**Ivanna Chagolla, 9**  
**Distance**

Ivanna demonstrates what it means to be an incredible teammate and athlete, she is focused and driven and she has truly become a student of the sport. She runs with desire, passion, and heart, and she is fearless on the track. Ivanna displays humility and friendship both on and off the track and she encourages and supports her fellow competitors and teammates.

800 Meters 2:19.834th best time in program history  
1600 Meters 5:12.563rd best time in program history  
3200 Meters 11:49.68



**Aryanna Helbert, 12**  
**High Jump**

Aryanna never misses practice! She is there everyday improving her ability as a high jumper. She makes everyone's day brighter and creates a fun atmosphere for practice. She often sacrifices her own practice time to help newer athletes understand the fundamentals.

High Jump    4'6"



**Gina Gaffney, 11**  
**Distance**

Gina enjoys running, but she also greatly enjoys being a member of the Spartan Regiment. Last year she was unable to do track because of her commitment to Regiment. This year she was able to do both, which at times was not easy. However, she persevered not just for herself, but also so that she could be at track to support her Regent sisters, but more importantly her own sister, Erin. Gina's heart carried her through every workout and race so that she could share in the experience with those she loves.

400 Meters	69.43
800 Meters	2:52.29
1600 Meters	7:07.03