

ST. LUCY'S PRIORY HIGH SCHOOL
ROARIE REGENT ATHLETE AWARDS
FALL SPORTS 2015



REGENT ATHLETICS





REGENT ATHLETE AWARD

GOLF



Selina Cortez

Grade: 12

Selina Cortez was chosen for the Roarie Regent Award because of her efforts both on and off the course. She has leadership skills that have helped her team through the season. Selina has the ability to also find solutions. Newer to the sport, Selina has shown tremendous improvement in her overall strokes. Since last season, she has increased her stroke average by 57! This goal was accomplished due to her willingness to be a devoted team player.



Angela Adams:

Grade: 12

Angela Adams was chosen for the Roarie Regent Award because she is a strong leader amongst her team members. She is admired by her team members and is an effective team motivator. She has also exhibited a strong desire to improve her game and has reached her goals on the course. Angela has improved her stroke average by 17 this year!



TENNIS



Jasmine Morales

Grade: 10

Junior Varsity

PLAYER/TEAM STATISTICS

Total Singles stats: 37-13 Total Doubles stats: 18-2

League Singles stats: 13-5 League Doubles stats: 3-0

Jasmine has embodied what every coach looks for in a student-athlete. Her passion for the game both on and off the court as well as her constant desire to improve her game as well as herself as a tennis player has made it an honor for me to be her coach this year. She has been the co-captain of the JV team this year and has excelled in that capacity as well as through great organizational, problem solving, and communication skills. Through some of the conversations I have had with Jasmine, I have come to realize that this great attitude continues off the court and translates into her academic life as well. Although this is only her second year playing tennis, through constant hard work and dedication, Jasmine has become one of our top singles and doubles players. Jasmine was instrumental in winning the 2015 Etiwanda Invitational Tournament with an amazing “come from behind win” from 2-5 to win 7-6 in a tie-breaker.



Jianna Liwanag

Grade: 10

Junior Varsity

PLAYER/TEAM STATISTICS

Total Singles stats: n/a Total Doubles stats: 28-15

League Singles stats: n/a League Doubles stats: 8-5

This is Jianna's first year playing tennis and right from the onset she became an exemplary team player and an inspiration and driving force on the team. Her contagious positive attitude, smile, and willingness to “leave it all on the court”, lifted the team to many of our wins. Her hard work on the court also led Jianna to be a strong starter on our doubles teams. Throughout the season, Jianna displayed the qualities needed to be a RRAA recipient through her great sportsmanship, her spirited approach to every game and practice, her joyful participation off the court events, and, finally, her passionate willingness and desire to learn and improve in tennis which showed her love for the game.



Mariam Tadros

Grade: 11

Varsity

Mariam Tadros is a third year player and Captain of the Varsity tennis team. Mariam has consistently demonstrated her leadership abilities both on and off the court, and is not only well liked, but also very respected by her teammates. Mariam most often leads by example but when required she can be assertive, and is always supportive of her coach and team members. As a competitor Mariam exhibits the highest standard of sportsmanship every time she steps on the court. Playing in the #2 singles position, she compiled a very admirable record of 34 wins against 20 defeats, and was named All League 2nd team. Mariam is dedicated, dependable, and a huge asset to the St. Lucy's tennis program!



Alex Rogers

Grade: 10

Varsity

Alex Rogers is a sophomore and excelled in singles as the #1 player, compiling an impressive 38 wins vs. only 15 defeats. She also claimed two notable victories over the league's #2 and #3 rated players. Off the court Alex is a very quiet, understated person, which belies her underlying fierce competitive nature. She has a tremendous will to win, no matter the challenge or circumstances. Alex is also able to find the right balance between being a good sport, while still not being afraid to stand up for herself when the situation calls for it. And in the sport of tennis, these are necessary qualities when your opponent is also the referee! Alex was also honored as a 2nd team All League selection this season, and has made it her goal to be 1st team next year! With plenty of ability, determination, and a strong work ethic, don't bet against her!



VOLLEYBALL



Alexandria Everett

Grade: 12

Varsity

Alexandria was nominated Roarie Regent for her eagerness to be the best teammate, leader, and best player at her position. Alex is the kind of athlete that every coach dreams of coaching. She is like a sponge. I don't think I have ever coached a player who listens or has the willingness to constantly try to improve her game. She has been the most improved player on the court this month and season, and when things aren't going her way she continues to ask questions and find way to be the best she can be. Alex is one of our captains, and has done an exceptional job in leading and motivating her team vocally and with her high energy. She has also done an exceptional job lifting her teams spirit with her motivational speeches, and her competitive nature on the court. Alex is a very personable young lady, who wears her uniform with pride and loves being a Regent.

PLAYER/TEAM STATISTICS

Alex leads the team, baseline league, and CIF southern section division 1A in total blocks with 102. She is second on the team in hitting percentage and 5th in the baseline league at .248. She is third on the team with 84 total kills.



Loryn Carter

Grade: 12

Varsity

Loryn was nominated for the Roarie Regent Award because she is the heart and soul of the varsity volleyball team. She is the team captain and an exceptional leader. She leads vocally and by example. She is very proud to be a Regent and works hard every time she steps on the court for practices and games. She constantly is encouraging and motivating her teammates. Loryn was selected as SoCal prep legend athlete of the week for the week of September 18th, she has been nominated for selection to the Under Armor All American top 75. She will be on the ballot for All CIF for the second straight year. She is one of the most dominant volleyball players in the CIF southern section and the tough Baseline League. Most importantly she is one of the most humble athletes I have ever coached.

PLAYER/TEAM STATISTICS

Loryn leads the team, Baseline league and the CIFSS division 1A in kills with 288 and counting. She leads the team in hitting percentage and third in the baseline league at .320. She is third on the team in blocks and fourth in the league.



Madison McCauley

Grade: 9

Junior Varsity

Maddie is nominated for the Roarie Regent Award because of the impression she made on her team during the short time she played on JV. Maddie was asked to play with the JV team the day of a game, very short notice, and she agreed without hesitation. After that game, Maddie was given the choice of whether she wanted to move up to play on JV for the second half of league. Maddie decided to join JV and has demonstrated a desire to improve her kills, as well as always maintains a positive attitude during practices and games. Even while playing on Frosh-Soph, Maddie's love for the game was always apparent when she was playing with her teammates on the court or cheering them on while on the bench. After Maddie joined JV she served as one of the key defensive players on the team. Maddie always tried her best during practices and games. My favorite characteristic about Maddie was how much she always played to the best of her ability.



Julia Trento

Grade: 10

Junior Varsity

Julia is nominated for the Roarie Regent Award because of her constant positive attitude during summer league and the season and her ability to adapt to change. Julia started off in summer league as a front row player only as an opposite. As pre-season began, some JV players were moved up to varsity. After that, Julia was moved to the position of outside hitter. This involved more responsibility for Julia, yet she handled it well. As pre-season ended, more JV players were needed on Varsity. This left the JV team with positions to be filled. Julia's position was changed yet again, to the position of opposite, but this time with more responsibility than before. Julia was not needed to play both front and back row. Julia stepped up to the challenge and was one of the most crucial players on the team this season. When the team needed someone to step up and play hard, Julia was often the one to do it. Julia is a versatile player and always remains positive. She is a leader on the team through her example of good sportsmanship and hard working attitude.



REGENT ATHLETE AWARD



Amanda Lee

Grade: 9

Frosh

Amanda was my captain since the beginning of summer league. Whenever I needed her to relay messages to the team or get the team to settle down she was always willing to put her leadership skills on the floor. She went to all the practices and all the games even after she got injured. After her injury she still came to practice and always asked if she could help with something and during the games she would toss balls for the teams to help them warm up. She was also my starting setter since the beginning of the season and truly stood out. She was a great teammate to everyone on the team and treated other teams with respect.



Brooke Crosby

Grade: 9

Frosh

Brooke was a great captain. At the tryouts she stood out over all the other players and I knew we had a great player. Not only is she a great player but she is a great person as well. She went to every practice and game, never complained about drills even when they had to run, had a fun competitive nature and was a leader on and off the court. She quickly made friends with everyone on the team and it was like she was with us from the beginning. In addition, Brooke was the MVP of my team and was just a pleasure to coach.